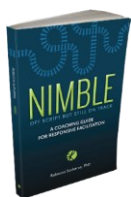


# Tips for Helping a Group (or the facilitator!) Get Unstuck

Keep this resource in your facilitation folder and whip it out in those moments when you're stuck. Think of it as your process first aid kit.

1. Make the objectives visible
2. Adjusting isn't failing, it's responding. Do it!
3. Don't panic
4. Take a break
5. Highlight the group's accomplishments or progress so far
6. Diagnose the source of the problem
7. Establish (or reinforce) ground rules
8. Keep the group onside by focusing on building rapport
9. Name the elephant
10. Share the responsibility
11. Clarify the instructions
12. Switch to Plan B
13. Swap learning styles
14. Align activity with intent
15. Use a 'generic exercise'
16. Keep your sense of humour
17. Do something unexpected
18. Hang in there



## *Looking for more?*

Check out [\*Nimble: Off Script but Still On Track – A coaching guide for responsive facilitation.\*](#)

